

# HEIDI HOLMSTRÖM

'Someone once said I have a polyamorous practice '

Heidi Holmström (she/her b.1997 Helsinki) is an artist, observer and cloud writer, questioning topics such as social geography, the attributes of place and aesthetics of behavior. Without having a hierarchy in her practice, it crawls and jogs with urgent notions and sharp observations, seeking to mirror, burst and trace, the on-going, the temporary, the present. Circulating in situation-and site-specific installations, interventions and sound, the concept-based works exist in spaces as characteristics of the current, leaving their trace and seeking for a double-sided recognition of their existence. Working in dialogue with the space; spatial recognition is essential to her practice. From transmitting bird alarm calls through conference speakers into electricity pole structures, to building interventions into former U.S Embassy surveillance rooms, the material non hierarchy allows her work to take the form it needs.

## WEBSITES

[heidiholmstrom.com](http://heidiholmstrom.com)

## SOCIAL MEDIA

[www.instagram.com/ heidi \\_\\_\\_\\_\\_ phiuh/](https://www.instagram.com/heidiphuh/)

## EDUCATION

- 2023 - In Situ3 Royal Academy of Fine Arts  
2023 Antwerpen (KASK)
- 2020 - Bachelor Fine Arts Den Haag,  
2024 Koninklijke Academie van Beeldende  
Kunsten diploma
- 2019 - FineArts pre-bachelor studies FAS,  
2020 Helsinki
- 2010 - Pop & Jazz Conservatory Helsinki  
2019

## EXHIBITIONS

- 2025 'A Big Stitch' Studija Space Kuldiga, Latvia  
[Solo](#)
- 2025 now-soon-later a\_milli\_space Reykjavik,  
Iceland  
[Group](#)
- 2024 DeWaasstraat Nap+ Fair Amsterdam,  
Netherlands Nap+ Art Fair young talent  
section DeWaasstraat curated by Jade van  
Doesburg, Benjamin Carels and David  
Kloosterboer [www.napplus.nl](http://www.napplus.nl)  
[Group](#)
- 2024 Between The Lanes Bowlingcentrum  
Groningen Groningen, Netherlands Group  
exhibition end of HetResort Midseason 24'  
curated by Daphne Verberg. Participating  
artist: Çisil Deniz Delibalta Frans van Hoek  
Heidi Holmström Maïa Taïeb Ster Borgman  
Sverre van der Velde This exhibition is the  
result of midseason, a three-month  
programme in which emerging artists were  
supported in their development. Discover  
how curiosity, dialogue and competition  
have led to a multitude of works that will  
make you reflect and rethink a world you  
may have thought you were already familiar  
with. [hetresort.nl/midseason-24.html](http://hetresort.nl/midseason-24.html)  
[Group](#)

- 2024 Eindexamenshow KABK Royal Academy of Arts The Hague (KABK) Den Haag, Netherlands Graduation show part of FineArts graduating class of 2024.  
[graduation.kabk.nl/2024/heidi-holmstrom](https://graduation.kabk.nl/2024/heidi-holmstrom)  
Group
- 2024 'meander' Billytown Den Haag, Netherlands  
It meanders. And if it doesn't it will. The blood crawls where it cannot go, right? And so it bab- bles. /// If an artistic practice is flexible and fluid and curious, and it often is, you could compare it to a stream of water that meanders. And the pebbles in that stream could be little ideas that get picked up along the way and with every bend they get polished and with every turn they change shape. Then an exhibition could be one of those corners where these particular stones come together and people that are curious could come there, step into the stream. 'meander' was a group exhibition by Heidi Holmström, Tijn Gerards, Baroeg Mulder, Elvira Pereira and Frans van Hoek. Exhibition was facilitated by Heidi Holmström & Tijn Gerards  
[artviewer.org/meander-at-billytown/](https://artviewer.org/meander-at-billytown/)  
Group
- 2024 A letter from A friend Bacio Collective Bern, Switzerland  
Group
- 2023 'Yes Chance' KASK Antwerpen Antwerpen, Belgium A group exhibition at KASK Antwerp as an end for performance course held by Yuki Okumura.  
Group
- 2023 Everything That Grows Underground West Den Haag Den Haag, Netherlands  
[www.kabk.nl/agenda/third-year-fine-arts-students-present-spring-show-everything-that-grows-underground](https://www.kabk.nl/agenda/third-year-fine-arts-students-present-spring-show-everything-that-grows-underground)  
Group
- 2023 'a missing kind of orange' curated by Elisa Verkoelen Dambruggestraat 356, Antwerpen, BE Antwerp, Belgium  
Group
- 2023 Phatic Utterances Dambruggestraat 356, Antwerpen , BE Antwerpen, Belgium duo-exhibition w Baroeg Mulder  
Duo
- 2023 Hortus Conclusus KASK Wintertuin

- Antwerp, Belgium  
[Group](#)
- 2022 The World, The Now, The End Æden II  
Berlin, Germany Curated by Council+  
[Group](#)
- 2022 Mmmmmmmmarshmallow Cube  
Exhibition Research LAB, Prinsessegracht 4  
Den Haag, Netherlands  
[Group](#)
- 2021 Solar Fiction: In the Dazzle of Infrastructure  
Galleria Aarni Helsinki, Finland Curated by  
Aalto ViCCA  
[Group](#)
- 2021 Bulevardi 31 Project space 'Academy of  
Boulevard' Bulevardi 31 Project space  
Helsinki, Finland  
[Group](#)
- 2020 FAS annual exhibition Galleria Vaaga  
Helsinki, Finland  
[Group](#)

## PROJECTS

- 2024 50Hz Conference Call Nap +  
DeWaastraat Amsterdam, Netherlands  
[heidiholmstrom.com/50Hz-conference-call](https://heidiholmstrom.com/50Hz-conference-call) 50hz conference call focuses on temporality of acoustic ecologies of a place. Part of a research project Some places only exist through voices, the project focuses on the importance of hearing. To hear, we must listen. While landscape is often described as visible features of an area of land, sounding becomes essential in re-constructing these temporalities where over time things change and get lost - and which these sounds inhabit. The contrast in between the constructed landscapes and nature can be realised how birds are inhabiting the electricity lines. As not fully becoming a part in the electricity circuit, the birds use the power lines to seek rest, shield and to get a point of view. The adaptation occurs on these electricity lines, as the birds use them as some sort of replacement for trees; It becomes their momentary 'seat'. While these

## INTERNATIONAL EXCHANGES/RESIDENCIES

- 2025 Studija Space Kuldiga, Latvia One month long (January 2025) AiR-Programme, solo.  
[www.iktsite.org/news/creative-residency-at-studija-space](http://www.iktsite.org/news/creative-residency-at-studija-space)
- 2025 SÍM residency at SÍM, Iceland Reykjavik, Iceland Selected group residency for 2 months (Feb-March) at SIM. Funded by Nordic Culture Point. [on-the-move.org/news/sim-residency-2025-artists-nordic-baltic-region-iceland](https://on-the-move.org/news/sim-residency-2025-artists-nordic-baltic-region-iceland)
- 2024 HET RESORT Groningen, Netherlands HetResort Midseason 24' is a talent programme for starting artists based in the Netherlands. Funded by Mondriaan Fonds and Gemeentje Groningen.  
[hetresort.nl/index.html](https://hetresort.nl/index.html)
- 2024 Listening Biennale Berlin, Germany Listening Biennale was international workshop/residency week at Flutgraben in Berlin, including 40 sound artists worldwide. [listeningbiennial.net](https://listeningbiennial.net)

landscapes change, the nature that surrounds it does too. Since nature doesn't respond to symmetry, it forms a polyphonic score of the present. Finally 'having seat at the table', the 12 conference speakers transmit the body of the birds. Their sounds, communication- and alarm calls forms an asymmetric score of their sonic qualities, which introduces as what joy and urgency sounds like at the same time. Site-specific focus in The Netherlands, the audio consists of Amsterdam wildlife footage and field recordings made in Moordercht, which is one of the last places in the Netherlands where wooden electricity poles run energy. exhibited part of Graduation show 2024, as well as DeWaasstraat at Nap+ in september 2024.

2023

Ponte d'Arte Coimbra, Portugal Group residency at Ponte d'Arte at Ponte da Mucela, in Portugal.

[www.google.com/search?client=safari&rls=en&q=ponte+d+arte&ie=UTF-8&oe=UTF-8](http://www.google.com/search?client=safari&rls=en&q=ponte+d+arte&ie=UTF-8&oe=UTF-8)

2024

Scores on a cold ground & Blade pitch scores Billytown Den Haag, Netherlands  
[heidholmstrom.com/Scores-on-a-cold-ground-1-2-3](http://heidholmstrom.com/Scores-on-a-cold-ground-1-2-3) Inspired by the jumps executed during the women's free programs at the Beijing 2022 Olympics and displayed at Billytown in The Hague, the piece features three miniature ice rinks and a series of notational scores derived from these Olympic performances. By translating the physical movements of skaters into a musical score, the work transforms something inherently non-musical into a playable composition. The piece critically examines the intense, often hostile nature of high-performance sports like Olympic figure skating, questioning whether there is truly any "freedom" in the so-called free programs. Focusing on the precise moment when a skate blade cuts into the ice—creating a sharp scratch on its surface—the artwork emphasizes the meticulous calculation and pressure underlying the sport. In doing so, it brings attention to the immense psychological and physical strain athletes endure, framing the act of skating not just as an athletic feat but as a form of calculated precision under extreme stress.

2023 Polaris Museum West, Den Haag NL  
Den Haag, Netherlands  
[heidiholmstrom.com/Polaris](http://heidiholmstrom.com/Polaris) A site-specific installation in the former surveillance room of U.S Embassy 8 hand-cut and carved glasses with business ID's of U.S based companies called North Star (Polaris) and UV protected film covering the whole surveillance room. 802755589 26784490 543009892 companies in U.S cyber security ; Insurance ; investments ; engines & Batteries. Investigating the contrast between success-seeking-development industry and astrology as understanding nature. Activating the former surveillance room of the U.S Embassy, The light shimmers and the windows are dark. Polaris is put under surveillance 46 times larger than the sun It forms a navigation system on the North sky universal symbol for many Metaphor for guidance, navigation and success locked inside surveillance (since the roads are ruff and the streets are narrow these days) The light shimmers in and the windows are dark Name of multiple companies in the U.S, cyber security, insurance, investments, engines, batteries and motorcycles, 02-0634020 13-3863788 20-0840108 20-1006705 But what happens when the sky is grey you can not see or navigate where to head then? Belief polarisates door points to North The structure eats the light Bare eyes lie: 3 stars instead of one Almost stationary "the star that sits still" Still moves Comprehensive facilities on belief systems Projections on behaviour Stationary for navigation Aesthetic of purpose Metaphor for success "I can not see the stars from the basement"

2023 Instead of cigarettes I buy translucent tableware Dambruggestraat 356, Antwerpen, BE Antwerp, Belgium  
[heidiholmstrom.com/instead-of-cigarettes](http://heidiholmstrom.com/instead-of-cigarettes) Scent installation parfyme, hand carved domestic glass plates, steel kitchen hangers. Alcohol based parfyme made based on Elisa Verkoelen's poems on word 'orange' for a group exhibition context specific for the word Orange. (Perfume instructed

to be sprayed during the exhibition on the cracks of the plates every other hour.) Perfume ingredients: 55% scrubbing alcohol, 1% soaked cigarette butt liquid, 3 drops rose water, 2% cinnamon oi, 4 drops musk oil the goal was to create a bitter scent without using any citrus fruits, definitely no orange. part of group exhibition ' a missing kind of orange', curated by Elisa Verkoelen, Dambruggestraat 356, A

2023 Hear----from----you---soon---- Phatic Utterances duo-exhibition w Baroeg Mulder, Antwerp, BE Antwerp, Belgium [heidholmstrom.com/hear-from-u-soon](http://heidholmstrom.com/hear-from-u-soon) "Hear----from----you---soon----" is a spatial installation that explores the rhythm and emptiness of everyday phatic utterances—phrases like "hear from you soon," "see you soon," or "let's get a coffee sometime soon." These common, often insincere exchanges form an abstract, fragmented score that resists authenticity or deep meaning. The phrases are scattered across the floor, arranged as surface-level gestures, creating a tactical code for words that may not carry any real significance for the recipient. Accompanying the installation is a loop of hollow sounds generated from recordings of rhythmic clapping patterns that correspond to these phrases. The sound reverberates through the space, activating the white wooden blocks that serve as both a visual and auditory score for the composition. This interplay between sound and structure highlights the disconnect between form and meaning. As part of the installation's dynamic process, the top three rows of phatic phrases were re-formed daily during the exhibition based on phrases overheard from the audience. If no new phrases were heard, no new row was added. This evolving structure reflects the constant flow of surface-level communication while emphasizing the transitory, often inconsequential nature of these interactions.

2023 7 Halos Ponte d'Arte Residency Coimbra, Portugal [heidholmstrom.com/7-halos](http://heidholmstrom.com/7-halos) "7 Halos"

is a time- and site-specific light installation/intervention set within the ruins of a shed in Northern Portugal. Rather than focusing on aesthetic expectations, the piece explores the essence of its source—sunlight—as a primary element of transformation. Drawing inspiration from the myth of the Phoenix, which is said to carry seven halos atop its head, the installation references the natural and cultural landscape of the region. Northern Portugal, known for its cork oak trees (*Quercus suber*), is annually ravaged by forest fires. Yet, these unique trees rise resiliently from the ashes due to the insulating properties of cork, which protect them from the flames. Situated near Coimbra, the piece responds to this local context by drawing a parallel with the Phoenix myth—a symbol of immortality and rebirth. Just as the Phoenix is reborn from the ashes of its predecessor, the cork trees too find new life after the fires, embodying a cyclical process of destruction and regeneration. The installation captures this idea of renewal, using light to evoke the presence of the sun and the life-giving force it represents.

2023 Temporary placement Ponte d'Arte Residency Coimbra, Portugal [heidholmstrom.com/Temporary-placement](https://heidholmstrom.com/Temporary-placement) Temporary intervention on a former abandoned gas station. On-site research on geographies and living ecosystem of cork trees, and their ability to re-grow after yearly forest fires. 1cm layer of ash that involves burnt cork from these 'fire proof' trees is distributed on the roof of the empty gas station as a performative act, as a temporary ritual.

2022 Shiny metal ribs/Underwater archives/Maritime stretch Council + Berlin, Germany [heidholmstrom.com/shiny-metal-ribs-Underwater-archives-Maritime-stretch](https://heidholmstrom.com/shiny-metal-ribs-Underwater-archives-Maritime-stretch) Smaller ribs - bigger waves. Rib jewellery. Maritime bubble archeology; treasures are kept underwater, storage space guarded by fishes, accompanied by interplay of watery bodies. Back

stretches of divers in the red sea, surfaced low level dive, like metallic ribs on the roof. Generally fish 64% water, human 60%. In the waters of the Earth, keeping treasures on the bottom of the sea, while we float on the surface. Shore-based viewers, 34m above sea level now. Activities on terrestrial and aquatic levels, representing moment in time rather than slow deposition of the material. As shore based viewers, 34 ribs = 34m above sea level now in Berlin. Installed in space in which 60-64% are occupied with stainless steel loops. Part of group exhibition 'The world The Now The End' curated by Council+, Berlin (GER)

## PUBLICATIONS

- 2024 Water Wings; Topophilia towards the surfaces Book Self Published Heidi Holmström Den Haag, Netherlands [heidiholmstrom.com/Water-wings](http://heidiholmstrom.com/Water-wings) Artist book / Research Paper using hydrosphere as conceptual displacement.
- 2022 Touching: A Research Method in Art & Design Book KABK Lectorate Design KABK Lectorate Design Den Haag, Netherlands [www.kabk.nl/nieuws/publication-touching-as-a-research-method](http://www.kabk.nl/nieuws/publication-touching-as-a-research-method) This publication, designed by Niels Schrader, contains interviews, research samples, recipes, quotations, and reflections on the research process by tutors, workshop instructors and students all across the KABK community. The range of materials and processes engaged with is diverse and the approaches are as unique as fingerprints, but a premise embedded in the DNA of material research is that experiments are shared.

## AWARDS AND GRANTS

- 2025 Grant 1-year Helsinki, Finland

## REVIEWS

- 2024 'meander' at Billytown Website Art Viewer online [artviewer.org/meander-at-billytown/](http://artviewer.org/meander-at-billytown/) feature at Art Viewer on 'meander' at Billytown
- 2024 Echobox at NAP+ , By Loma Doom Radio EchoBox Radio Amsterdam, Netherlands [www.echobox.radio](http://www.echobox.radio) Artist talk by Heidi Holmström and Kamau Nganga. Interviewed by Femke Dekker (Loma Doom)

## SECONDARY ART-RELATED ACTIVITIES



- 2025 Grant for SIM Residency Nordic culture point Reykjavik, Iceland fully funded residency at SIM Residency in Iceland. February March 2025
- 2024 HetResort Midseason 24' HetResort Groningen, Netherlands HetResort is funded by Mondriaan Fonds and Gemeentje Groningen.
- 2024 Stipend for AiR Programme in Studija Space in January Svenska Kulturfonden Helsinki, Finland Grant for residency at Studija Space
- 2024 Culture Moves Europe Grant EU and Goethe Insitut Berlin, Germany Grant for AiR Programme in Studija Space

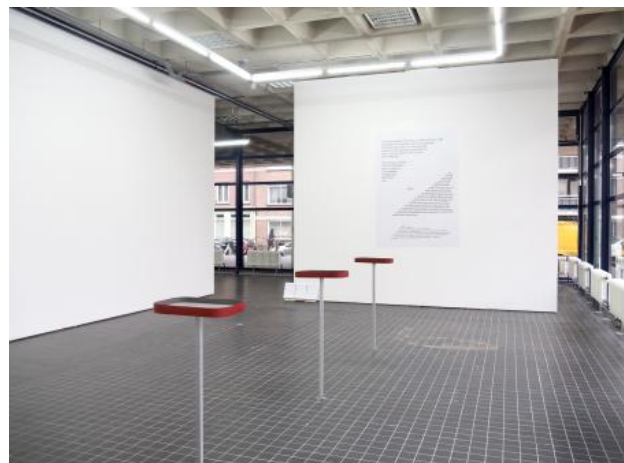
- 2025 - Nomadic artist initiative ' Go-Go-Go Initiative' founder and facilitator On-going
- 2024 - Alumni talk at KABK Finearts 2024
- 2024 - Curation and facilitation at 'meander' group exhibition at Billytown 2024
- 2023 - Curation and facilitation on duo-exhibition Phatic Utterances in Antwerp 2023



50Hz Conference Call , 2024  
12-channel audio installation. electricity poles, insulators, steel wires, conference speakers, mp3 players, steel, aluminium. , 4m x 6m



Blade pitch scores 1,2,3,4,5,6,7,8,9,10 , 2024  
laser print on paper, Korg notation stand, foam board , 1,0m x 0,40m



Scores on a cold ground 1,2,3 , 2024  
Metal, aluminium, faux leather, plexi glass, stickers, wood, 3 x 1,0mx40cmx30xm



Water Wings; Topophilia towards the surfaces, 2024  
laser print on paper, a5



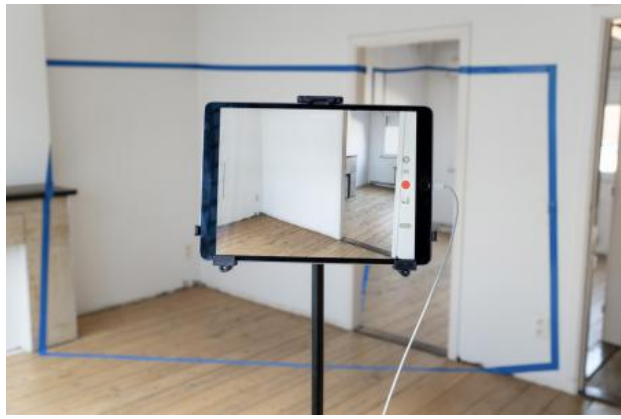
A Beaten Path, 2024  
Hand engraved plexiglass



Hear----from----you---soon----, 2023  
00:17



Polaris, 2023  
LED lights, Fluorescent light, Car Carpet, UV Protection film, Aluminium, steel, Hand carved glass, Dimensions variable



A Meeting on the 2nd floor, 2023  
ducktape, iPad pro, Microphone stand, paper, pencils, room, dimension variable



7 Halos , 2023  
time-based light installation , Dimensions variable



Temporary placement, 2023  
Burned cork tree, ash, abandoned gas station,  
dimensions variable